

*5<sup>th</sup> NSpine Winter Masterclass*  
*Kulm Hotel - Arosa Switzerland*  
*17<sup>th</sup> - 21<sup>st</sup> January 2022*

A scenic view of a snow-covered mountain peak under a clear blue sky. In the foreground, a stone building with a balcony and a staircase is partially covered in snow. The background features a dense forest of evergreen trees and more snow-covered mountain slopes.

**NSpine**

innovative spine education <sup>TM</sup>

## **The NSpine Arosa Winter Masterclass - an exceptional event**

Now in its 5<sup>th</sup> year it has become established as one of the premier international case discussion forums, renown not only for the complexity of cases discussed, but also for the very open debating culture.

Many of our delegates return each year confirming the event as their most valuable professional learning experience.

Set against the stunning backdrop of the Swiss Alps, the perfect location of the Kulm Hotel allows intense academic sessions balanced with winter recreation.

*Join us in 2022!*

*The event for spine  
surgeons by spine  
surgeons*



A stylized, handwritten signature in black ink, appearing to read 'Boszczyk'.

**Bronek Boszczyk**  
**Spine Surgeon**  
**NSpine Chairperson**







## The Venue – Kulm Hotel

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Arosa is located at the end of the romantic Schanfigg Valley at an altitude of about 1800 metres above sea level. Surrounded by an impressive range of mountain peaks, the Kulm Hotel provides a haven of tranquility.



### The program

#### Format

Case based discussions with occasional lectures to supplement the topics

The complexity is at expert level and covers the entire range of orthopaedic and neurosurgical spinal procedures and pathologies

#### Faculty

René Castelein – Netherlands

Per Trobisch – Germany

Marcel Ivanov – UK

Klaus Schaser – Germany

Ibrahim Obeid - France

Bronek Boszczyk – Germany

David Choi – UK

Alexander Disch – Germany (tbc)

#### Schedule

Group 1 starts Monday finishes Wednesday

Group 2 starts Wednesday finishes Friday

Monday (pm 16:30-19:30) and Friday (am 8:30-11:30) are half days with a single sessions, all other days have am and pm sessions

Faculty and cases vary between groups and delegates are welcome to book onto one or both groups

#### Content

Cases are grouped in categories

- Tumour / Deformity / Trauma / Degenerative / Metabolic & Infection –

Discussions and cases can expand into any area of interest

Please see full content on website

#### Accreditation

To date every Arosa event has received > 20 CME credits

#### **The number of attendees is limited to 30**

Delegates are encouraged to bring and present own cases

Open and honest discussion is at the heart of this meeting







### How to get there



Although Arosa is nestled deep in the Swiss Alps, it can be reached by car from all over Europe.

Take the A3 to Chur and follow the signs to Arosa. Approximately 45 minutes and 361 curves later, you will reach your destination.

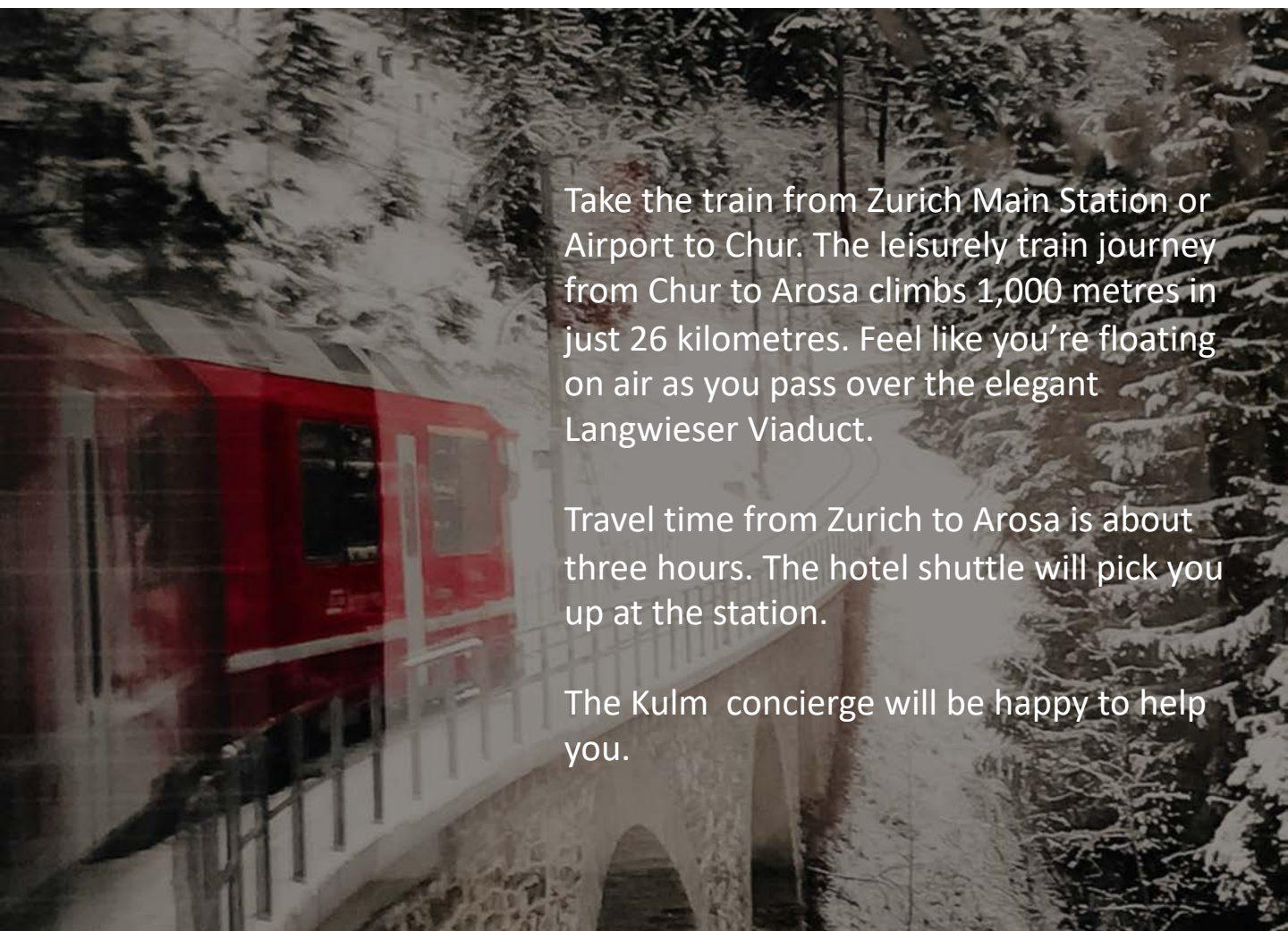
Snow chains or four-wheel drive may be required in the event of heavy snow and driving experience in winter conditions is useful.

Alternatively leave your car in the multi-storey car park in Chur (Park & Ride, next to the train station, approx. CHF 10/day).





### How to get there



Take the train from Zurich Main Station or Airport to Chur. The leisurely train journey from Chur to Arosa climbs 1,000 metres in just 26 kilometres. Feel like you're floating on air as you pass over the elegant Langwieser Viaduct.

Travel time from Zurich to Arosa is about three hours. The hotel shuttle will pick you up at the station.

The Kulm concierge will be happy to help you.

### For the adventurous

Helicopter transfer to Arosa is available from all national and international airports as well as from Chur.

The hotel shuttle will be happy to pick you up from the heliport.





### Winter sports



With six hours of CME accredited academic sessions, the extended lunch break from 11:30 – 16:30 offers ample time to pursue winter sports or relax in the Kulm Spa.

Located right at the ski slopes, the Arosa Kulm Hotel & Alpin Spa is the perfect ski-in ski-out starting point. Equipment is stored at the hotel entrance ski room and you can look forward to preheated ski boots !

*Ski or enjoy the spa !*



### Networking

Building a strong peer network is essential in high risk professions such as spine surgery.

Kulm is the ideal setting for academic exchange, honest case discussions and getting to know each other.

Combining academic debate with recreational breaks is ideal and many friendships have been forged in Arosa.

Every day is concluded with a networking dinner in one of the excellent Kulm restaurants. Partners and families are most welcome to attend.

Typically, the fireside discussions continue well into the night, on occasion transitioning into piano playing and song !







### Testimonials

Great meeting, great cases, great participants and fun atmosphere.

- *Ufuk Aydinli*

This is the meeting I learn most at!

- *Ciaran Bolger*

The course was absolutely fantastic with participants of highest calibre. I honestly enjoyed every single moment - both professionally and socially!

- *Marcel Ivanov*

The NSpine course conducted at Arosa was an unique 'one-of-a-kind' event. The selection of the venue, the city and the faculty were beyond expectations.

- *Rishi Kanna*

A thoroughly enjoyable meeting, with great discussions, comfortable venue and very well organised. I learnt a lot.

- *David Choi*

Thank you very much for this super meeting and having me in the faculty. I have enjoyed the discussions and I've learned a lot.

Congratulation for the excellent organization.

- *Dezső Jeszenszky*

Once again a great event. I had the opportunity to learn relevant new strategies.

- *Claudia Lamartina*

The NSpine meeting in Arosa was excellent yet again. I learn something new everytime. We had outstanding faculty and very valuable discussions.

- *Areena Dsouza*

Best meeting I've ever been on. Congratulations and thank you to all the faculty, delegates and industry for their hard work and contribution.

- *Darren F. Lui*

Great meeting, excellent case range and complexity.

- *Jeremy Reynolds*



### Booking & reservation



#### Packages available

Monday – Friday	(4 nights)
Monday – Wednesday	(2 nights)
Wednesday – Friday	(2 nights)

\*additional nights available at discounted rate

#### Included

Full course access  
Breakfast  
Evening “dine around” package  
Refreshments during masterclass  
Access Alpin Spa

Partners and families welcome

To register for the event visit [www.nspine.com](http://www.nspine.com)

Please contact Katie Carter for any queries: [katie.carter@nspine.com](mailto:katie.carter@nspine.com)

