

*5<sup>th</sup> NSpine Winter Masterclass*  
*Kulm Hotel - Arosa Switzerland*  
*24<sup>th</sup> - 26<sup>th</sup> March 2021*



**NSpine**

innovative spine education <sup>TM</sup>

## *5th Winter Masterclass*

### **The NSpine Arosa Winter Masterclass - an exceptional event**

Now in its 5<sup>th</sup> year it has become established as one of the premier international case discussion forums, renown not only for the complexity of cases discussed, but also for the very open debating culture.

Many of our delegates return each year confirming the event as their most valuable professional learning experience.

Set against the stunning backdrop of the Swiss Alps, the perfect location of the Kulm Hotel allows intense academic sessions balanced with winter recreation.

*Join us in 2021!*

*The event for spine  
surgeons by spine  
surgeons*



A stylized, handwritten signature in black ink, appearing to read 'Boszczyk'.

**Bronek Boszczyk**  
**Spine Surgeon**  
**NSpine Chairperson**







## The Venue – Kulm Hotel

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Arosa is located at the end of the romantic Schanfigg Valley at an altitude of about 1800 metres above sea level. Surrounded by an impressive range of mountain peaks, the Kulm Hotel provides a haven of tranquility.



## The program

### Format

Case based discussions with occasional lectures to supplement the topics

The complexity is at expert level and covers the entire range of orthopaedic and neurosurgical spinal procedures and pathologies

### Faculty (TBC COVID travel restrictions)

René Castelein – Netherlands

Per Trobisch – Germany

Klaus Schaser – Germany

Pedro Berjano – Italy

Hugues Moussellard – France

Bronek Boszczyk – Germany

Alexander Disch – Germany

### Schedule

Starts Wednesday at 16.30-19.30, Thursday 8.30-11.30 and 16.30-19.30 and finishes Friday 8.30-11.30

### Content

Cases are grouped in categories

- Tumour / Deformity / Trauma / Degenerative / Metabolic & Infection –

Discussions and cases can expand into any area of interest

Please see full content on website

### Accreditation

To date every Arosa event has received > 20 CME credits

### **The number of attendees is limited to 15**

Delegates are encouraged to bring and present own cases

Open and honest discussion is at the heart of this meeting







### How to get there



Although Arosa is nestled deep in the Swiss Alps, it can be reached by car from all over Europe.

Take the A3 to Chur and follow the signs to Arosa. Approximately 45 minutes and 361 curves later, you will reach your destination.

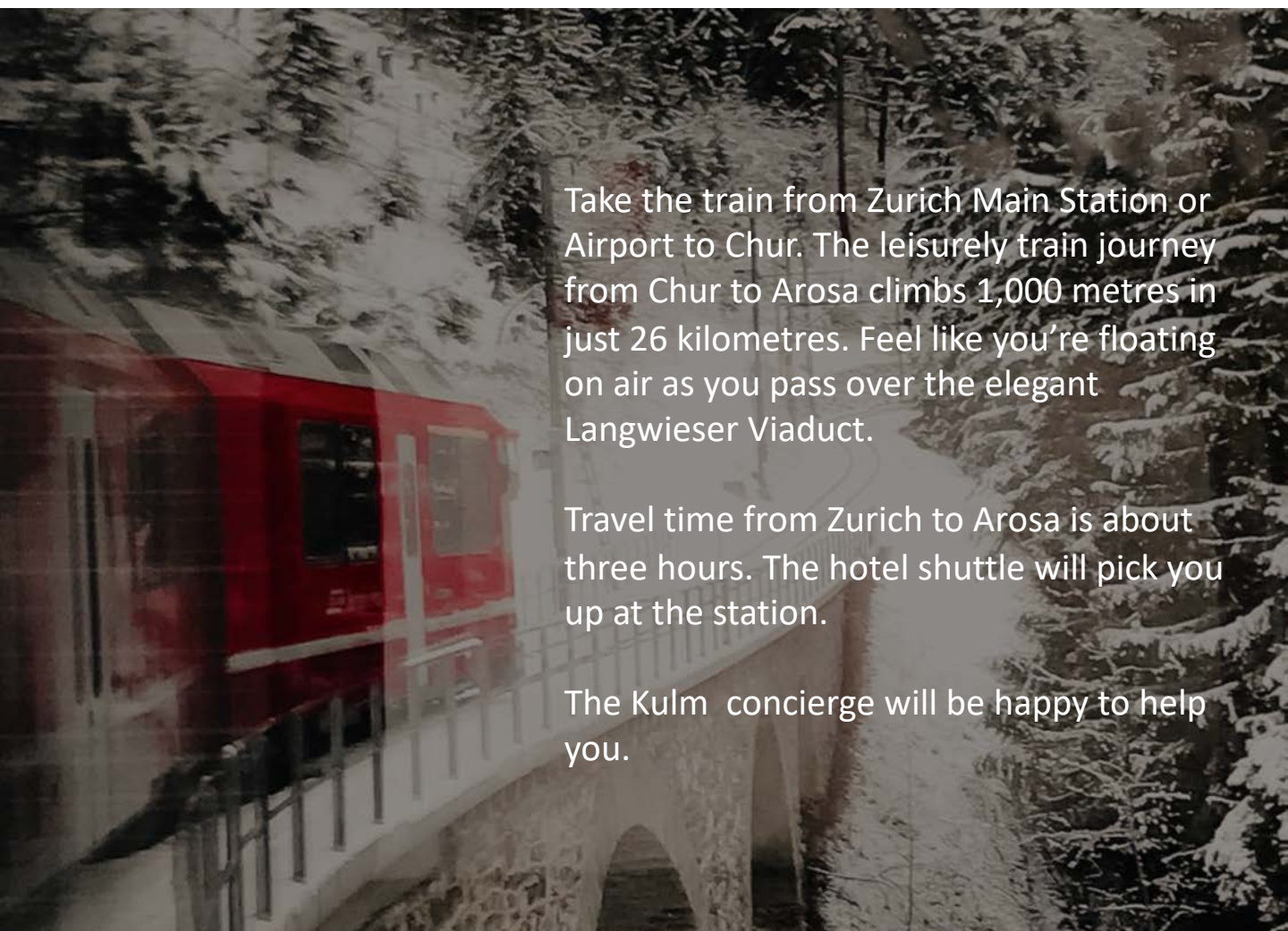
Snow chains or four-wheel drive may be required in the event of heavy snow and driving experience in winter conditions is useful.

Alternatively leave your car in the multi-storey car park in Chur (Park & Ride, next to the train station, approx. CHF 10/day).





### How to get there



Take the train from Zurich Main Station or Airport to Chur. The leisurely train journey from Chur to Arosa climbs 1,000 metres in just 26 kilometres. Feel like you're floating on air as you pass over the elegant Langwieser Viaduct.

Travel time from Zurich to Arosa is about three hours. The hotel shuttle will pick you up at the station.

The Kulm concierge will be happy to help you.

### For the adventurous

Helicopter transfer to Arosa is available from all national and international airports as well as from Chur.

The hotel shuttle will be happy to pick you up from the heliport.





### Winter sports



With six hours of CME accredited academic sessions, the extended lunch break from 11:30 – 16:30 offers ample time to pursue winter sports or relax in the Kulm Spa.

Located right at the ski slopes, the Arosa Kulm Hotel & Alpin Spa is the perfect ski-in ski-out starting point. Equipment is stored at the hotel entrance ski room and you can look forward to preheated ski boots !

*Ski or enjoy the spa !*



### Networking

Building a strong peer network is essential in high risk professions such as spine surgery.

Kulm is the ideal setting for academic exchange, honest case discussions and getting to know each other.

Combining academic debate with skiing breaks is ideal and many friendships have been forged in Arosa.

Every day is concluded with a networking dinner in one of the excellent Kulm restaurants. Partners and families are most welcome to attend.

Typically, the fireside discussions continue well into the night, on occasion transitioning into piano playing and song !







### Testimonials

Great meeting, great cases, great participants and fun atmosphere.

- *Ufuk Aydinli*

This is the meeting I learn most at!

- *Ciaran Bolger*

The course was absolutely fantastic with participants of highest calibre. I honestly enjoyed every single moment - both professionally and socially!

- *Marcel Ivanov*

The NSpine course conducted at Arosa was an unique 'one-of-a-kind' event. The selection of the venue, the city and the faculty were beyond expectations.

- *Rishi Kanna*

A thoroughly enjoyable meeting, with great discussions, comfortable venue and very well organised. I learnt a lot.

- *David Choi*

Thank you very much for this super meeting and having me in the faculty. I have enjoyed the discussions and I've learned a lot.

Congratulation for the excellent organization.

- *Dezső Jeszenszky*

Once again a great event. I had the opportunity to learn relevant new strategies.

- *Claudia Lamartina*

The NSpine meeting in Arosa was excellent yet again. I learn something new everytime. We had outstanding faculty and very valuable discussions.

- *Areena Dsouza*

Best meeting I've ever been on. Congratulations and thank you to all the faculty, delegates and industry for their hard work and contribution.

- *Darren F. Lui*

Great meeting, excellent case range and complexity.

- *Jeremy Reynolds*



## NSPINE INDUSTRIAL PARTNERS

NSpine is indebted to the Industrial Partners who, in addition to sponsoring individual meetings, provide sustained support beyond the events.

This alliance enables NSpine to dedicate time and effort to developing educational programs and to engage with key faculty continuously throughout the year.

### NSpine 2021 Industrial Partners

**Thompson**   
SURGICAL INSTRUMENTS

OrtoWay 







### Booking & reservation

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#### Package available

Wednesday – Friday (2 nights)

\*additional nights available at discounted rate

#### Included

Full course access

Breakfast

Evening “dine around” package

Refreshments during masterclass

Access Alpin Sap

Partners and families welcome

To register for the event visit [www.nspine.com](http://www.nspine.com)

Please contact Katie Carter for any queries: [katie.carter@nspine.com](mailto:katie.carter@nspine.com)

